



**Saturday, May 29, 2010**  
**8:00 A.M.**  
**Gold's Gym**  
**Davenport, Iowa**

Benefiting

**ARC of Rock Island County**

**Sponsored by:**

<b>Running Wild</b>	<b>Gold's Gym</b>	<b>New Balance</b>	<b>Wayne Montgomery Carpet</b>
		<b>Jim's Equipment Service</b>	<b>Rock Valley Physical Therapy</b>
<b>Arc of Rock Island County</b>	<b>LE Chute</b>	<b>Hy-Vee</b>	<b>Active Endeavors</b>
			<b>Accu-split</b>

- **Location:** Gold's Gym, 4885 Utica Ridge Road, Davenport, IA.
- **Course:** Out and back course starting at Gold's Gym. South on Utica Ridge Rd., east on Crow Creek Road several blocks past 18<sup>th</sup> St., then back to Gold's Gym. Scenic neighborhood streets with moderate hills on Crow Creek Rd.
- **Gold's Gym Perks:** Parking, restrooms, showers, free towel service, free child care from 7:30-9:30 a.m. →
- Post Race Party:** In Gold's Gym parking lot. Food, Refreshments, Music and Giveaways.
- **Awards:** Awards to overall male and female and first 3 places in the following age groups: 0-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70- & over.
- **Chip Timing:** Provided by Accu-split.
- **T-shirts:** Short sleeve technical coolmax tee to all registered runners. Available in sizes S, M, L, XL, XXL. XXL an additional \$2. →
- Registration Fees:** \$20.00 if pre-registered by May 24. After May 24, cost is \$25.00. All paid entrants are guaranteed a tee shirt. Additional donations to the ARC of Rock Island County are very much appreciated.
- **On-line Registration:** Race registration can be done at [www.theracershub.com](http://www.theracershub.com)
- **Packet Pick-Up:** Friday, May 28th, 10 am to 8 pm at Running Wild, 3216 N. Brady St., Davenport, IA. The phone number is 563-323-7025. On race day, packets can be picked up inside Gold's Gym from 6:45-8:00 a.m.

**CBRC Race Circuit Race**

---

Mail entry to Running Wild, 3216 N. Brady St., Davenport, IA 52803  
 Make checks payable to Running Wild

**Name:** \_\_\_\_\_ **Age on May 29, 2010:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Gender (please circle):** Male Female

**Shirt Size (please circle):** S M L XL XXL (additional \$2 for XXL)

**Fees:** Pre-registered by May 24, 2010.....\$20  
 After May 24, 2010.....\$25  
 Size XXL t-shirt.....\$ 2

**Waiver:** I know that running/walking a road race is a potentially hazardous activity. I should not enter unless I am able. I assume all risk associated with this event including and not limited to falls, injuries, and contact with other participants, effects of weather, traffic and road conditions. I, for myself and anyone entitled to act on my behalf, waive and release The Wild 5 Run, race officials, organizers, sponsors, volunteers, the cities of Bettendorf and Davenport and its employees and contractors from all claims and liabilities. I further state that I have trained accurately and am in suitable athletic condition to compete in the race I have entered.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

---

# SHORT SLEEVE COOLMAX TEE-SHIRTS

Running Wild • 3216 N. Brady St. • Davenport, IA  
 52803 phone: 563-323-7025 • email:  
[runwildusa@aol.com](mailto:runwildusa@aol.com) [www.runningwildusa.com](http://www.runningwildusa.com)